



Hoover Community Center

1677 Park Ave., San José 95126

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Supervisor: Carolyn Mosby

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Bus Lines: 36, 62, 81

Types of Programs: Fee classes, community meeting rentals, special events, after school recreation and sports leagues.

ARTS & CRAFTS

Art with Reta

\$57

A new and creative art class where kids will make usable products for home, school or office with materials that are normally thrown away. This class will inspire kids and their parents to see what a huge resource we have in recycled materials. The instructor is the Trace Elementary School Art Teacher Reta Barnes-Mellberg.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.108	W	9/28-11/2	3:30-5pm	6-10	6	HV

Clay Sculpture

\$57

This is a fun and messy class for children to explore the use of clay which will aid in the development of their fine motor skills. Bring an oversized shirt or apron to wear during class.

No Class 10/10

Instructor: Barnes-Mellberg.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.106	M	9/26-11/7	3:30-5pm	6-10	6	HV

Drawing and Sketching

\$57

This creative class explores a variety of drawing techniques. Students will work with graphite and colored pencils. All supplies will be provided.

Instructor: Barnes-Mellberg

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.107	T	9/27-11/1	3:30-5pm	6-10	6	HV

Holiday Craft Workshop

\$20

Come and join us for our holiday craft workshop. Kids will create beautiful holiday ornaments and other festive crafts. This is a great opportunity for parents to get away for a few hours to shop or just relax before the holidays

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.103	Sa	12/3	10am-1pm	5-7	1	HV
296.2.104	Sa	12/3	1:30-4:30pm	8-11	1	HV

DANCE

Ballet/Tap

\$49

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first class day and for the class recital (date to be announced by instructor). Participants must be toilet trained.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.205	T	9/27-11/15	4:30-5:25pm	3-5	8	HV
296.2.206	T	9/27-11/15	5:30-6:25pm	5-7	8	HV
296.2.207	T	9/27-11/15	6:30-7:25pm	8-11	8	HV

Bouncin' Babies

\$64

An active class for all babies and parents. Shake, rattle and roll to exciting and lively music, use tambourines, shakers, drums and other fun instruments. The class will also have an emphasis on pre-walking and early walking skills.

No Class 10/10

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.200	M	9/26-11/7	9:30-10:15am	10-18m	6	HV

Dancin' Boogie Babies

\$64

Come have some serious fun with your little one and do the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and children's show tunes. Jump, run, hop and boogie away with hula hoops, dancing scarves, beanbags and more! Class will also include tumbling on mats with easy stretches and exercises to do with your baby.

No Class 10/10

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.201	M	9/26-11/7	10:30-11:15am	19-30m	6	HV

A San Jose Downtown Association production



**DOWNTOWN SAN JOSE
FARMERS' MARKET**

**Every Friday, 10 a.m. to 2 p.m.
San Pedro Square**

(408) 279-1775 www.sjdowntown.com

Terrific Tots**\$64**

This is a creative, imaginative and serious fun class for toddlers and parents. Children will do what their bodies are meant to do: move and explore! Class includes activities such as singing and dancing to popular show tunes and pre-school songs. Everyone plays with hula hoops, balls, scarves and musical instruments. Come jump, run, hop and frolic around. Be a bird, butterfly, bunny or just be yourself and act funny.

*No Class 10/10**Instructor: Dance Kids*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.202	M	9/26-11/7	11:30am-12:15pm	2.5-3.5	6	HV

Jazz/Hip-Hop Dance**\$49**

Explore beginner jazz/hip hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety...and of course have fun doing it.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.210	T	9/27-11/15	2:30-3:25pm	3-5	8	HV
296.2.211	T	9/27-11/15	3:30-4:25pm	6-10	8	HV

MUSIC/THEATER ARTS**Art Adventures****\$91**

A favorite for pre-schoolers, this class blends creative drama, dance, music and visual art for a one-of-a-kind program. Children explore the various fields of art with costumes, props, music, arts and crafts and lots of imagination.

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.401	T	9/27-11/15	10-10:45am	2-4*	8	HV
296.2.402	T	9/27-11/15	10:45-11:30am	3-5	8	HV

*Parent participation is required for class# 401.

Fairy Tale Theatre**\$45**

Enjoy a new fairy tale each week! Hear the story and then act it out through the magic of creative drama.

Instructor: Theatre Staff

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.2.444	W	9/28-11/2	10-11am	3-5	6	HV

Beginning Guitar**\$57**

Have you ever wanted to play the guitar like the musicians in your favorite bands? This is your opportunity to learn! This is an intro course into learning to play the guitar. The class will include note recognition, finger placements, tuning, and basic music structure. Students must provide their own guitar. No electric guitars please.

Instructor: Camp Carter, Inc.

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.420	T	9/27-11/15	5-5:50pm	12-15	8	HV

Puppet Workshop**\$45**

An introduction to puppetry. Make your own puppets and then put them on stage. Parents are welcome to stay.

Instructor: Theatre Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.445	W	9/28-11/2	11am-12pm	3-5	6	HV

Piano Keyboard - Level 1**\$74**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee, payable to the instructor will be collected at the first class. Students must bring their own set of headphones. Level 2- Student has completed Level 1.

Instructor: Noteworthy

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.2.410	W	9/28-11/16	3:15-4pm	6-7	8	HV
296.2.411	W	9/28-11/16	4-4:45pm	8-11	8	HV

Piano Keyboard - Level 2**\$74**

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.2.413	W	9/28-11/16	4:45-5:30pm	6-11	8	HV
296.2.414	W	9/28-11/16	5:30-6:15pm	6-11	8	HV

SPECIALTY CLASSES**Holiday Cookies****\$20**

Come join us for our holiday cookie making workshop. Learn how to make a variety of cookies for the holidays and even how to taste a few while you wait. This is a great opportunity for parents to get away to shop or just relax just before the holidays.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.640	Sa	12/10	10am-1pm	5-7	1	HV
296.2.641	Sa	12/10	1:30-4:30pm	8-11	1	HV

Mental Math**\$60**

Students enhance their Mental Math skills through Power Math. Using the Abacus, they will understand arithmetic better and learn to solve math equations quickly. A \$20 cash fee is payable to the instructor for workbook and abacus at the first class meeting.

Instructor: Liu

Class#	Day	Date	Time	Age	Mtg.	Loc.
296.2.604	Th	9/29-11/17	3:30-4:15pm	5-7	8	HV
296.2.605	Th	9/29-11/17	4:30-5:15pm	8-11	8	HV

SPORTS & FITNESS**Cheerleading****\$86**

Children learn cheerleading moves, routines and cheers. This class helps children gain self-esteem while having fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session the children will be ready for an in class cheerleading competition with their peers. Pom Poms are available for purchase from the instructor. Uniforms are also available for purchase but are not required.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.502	W	9/28-12/14	6:30-7:10pm	5-7	12	HV
296.2.503	W	9/28-12/14	7:15-7:55pm	8-13	12	HV

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SPORTS & FITNESS

Floor Gymnastics \$49

Come join this fun and active class! Students learn basic front and back rolls, somersaults, headstands, and more! Fitness warm-ups and exercises to music are included.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.540	Th	9/29-11/17	3:30-4:25pm	5-7	8	HV
296.2.541	Th	9/29-11/17	4:30-5:25pm	8-10	8	HV

Kinder-Gymnastics \$49

Designed to teach basic gymnastic skills, including movement exploration, balance, and coordination. Parents may attend a 10 minute overview at the first class meeting and a performance at the last class meeting only.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.545	Th	9/29-11/17	2:30-3:25pm	3-5	8	HV

Mommy/Daddy & Me Soccer \$74

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, so in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. **Rainout Hotline:** # 1-800-871-2275.

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.567	T	9/27-11/15	11-11:30am	2-3.5	8	RG
296.2.568	T	9/27-11/15	11:30am-12pm	2-3.5	8	RG

Parent/Child Self-Defense \$75

A good physical contact activity for a parent and child to do together. Parents will need to work with children both in and out of class. Class is co-ed and fee includes one child and one adult. Additional children in the same immediate family may also register with the same parent for \$20 more.

No Class 10/10

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.519	M	9/26-11/21	6-7pm	5+	8	HV

Parent/Toddler Gymnastics \$49

This is a parent participation class where the parent can work with their child to stimulate development through music, games and body awareness. Only registered participants are allowed in class.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.546	Th	9/29-11/17	10:30-11:25am	22-36m	8	HV
296.2.547	Th	9/29-11/17	11:30am-12:25pm	22-36m	8	HV

Self-Defense - Beginning \$86

Children learn self-defense and safety awareness in a fun and safe environment. Classes are tailored to each age group according to physical, mental, and emotional ability. Children are taught both verbal and physical skills involved in self-defense. Emphasis is placed on increasing the student's awareness of potentially dangerous situations.

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.510	W	9/28-12/14	6:30-7:10pm	5-13	12	HV

Self-Defense - Yellow Belt \$86

Instructor: KidSafe

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.511	W	9/28-12/14	7:15-7:55pm	5-13	12	HV

Self-Defense \$68

Learn self protection, correct grips, block parries, and break falls. Develop physical fitness, self confidence, and discipline. Karate uniforms or Gis are recommended but not required, and may be purchased for \$25-\$45 from any martial arts studio. No fee-based belt testing is offered in this class.

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.516	Th	9/29-11/17	5:15-6:15pm	5-13	8	HV

Self-Defense - Teen \$68

Teens can learn self-defense and safety awareness in a fun and safe environment. Emphasis will be placed on increasing teen's awareness of potentially dangerous situations.

No Class 10/10

Instructor: Martinez

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.518	M	9/26-11/21	5-6pm	12-17	8	HV

Kidz Love Soccer \$74

Kidz Love Soccer is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shin guards are required after the first class meeting. **Tot Soccer: 3 1/2-4 years** - Encourages motor skills and introduces small children to the game setting. **Pre-Soccer: 4-5 years** - Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1: 5-6 years** - Teaches the basic technique of soccer for beginners, dribbling, passing, receiving and shooting. **Soccer 2: 7-8 years**: Same as Soccer 1, also introduces team tactics. **Soccer 3: 9-12 years**: Same as Soccer 1 and 2, but also introduces advanced soccer techniques and tactics. **Rainout Hotline # 1-800-871-2275. Location:** River Glen Park

Instructor: Kidz Love Soccer

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.560	Th	9/29-11/17	9:30-10am	3.5-4	8	RG
296.2.561	Th	9/29-11/17	10-10:35am	4-5	8	RG
296.2.562	Th	9/29-11/17	2:45-3:20pm	4-5	8	RG
296.2.563	Th	9/29-11/17	3:20-4:05pm	5-6	8	RG
296.2.564	Th	9/29-11/17	4:05-4:50pm	7-8	8	RG
296.2.565	Th	9/29-11/17	4:05-5:05pm	9-12	8	RG
296.2.566	Th	9/29-11/17	2:15-2:45pm	3.5-4	8	RG

Tennis - Beginning \$50

Introduction to basic strokes, including forehand, backhand, overhead serve (lob and net), racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies are taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. **Location:** River Glen Park.

Instructor: Staff

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.530	F	9/30-11/4	3:15-4:15pm	6-8	6	RG
296.2.531	F	9/30-11/4	4:15-5:15pm	9-12	6	RG

ADULT CLASSES**Aerobic Kickboxing \$57**

The hottest aerobic workout in existence today! This class works the whole body while at the same time teaches practical self-defense techniques. Learn a variety of blocks, kicks, and punches, burn calories and have a blast. Wear loose fitting clothing.

*No Class 10/10**Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.705	M	9/26-11/21	7:30-8:20pm	16+	8	HV

Beginning Guitar \$57

Have you ever wanted to play the guitar like musicians in your favorite bands? This is your opportunity to learn! This is an intro class into learning to play the guitar. The class will include note recognition, finger placements, tuning, and basic music structure. Students must provide their own guitar. No Electric guitars please.

Instructor: Camp Carter, Inc

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.740	T	9/27-11/15	6-6:50pm	16+	8	HV

Pilates \$57

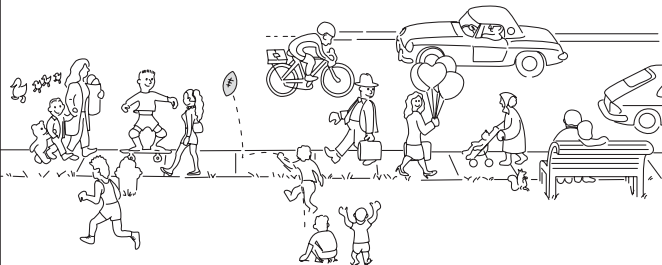
Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation.

Instructor: Camp Carter

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.707	T	9/27-11/15	7:30-8:20pm	16+	8	HV

Parks, Recreation and Neighborhood Services Vision

Communities of People
connected by
Play, Hope & Joy in Life.

**Salsa Dancing \$57**

Salsa is the hottest Latin dance in the nightclubs today. Join this high energy class, socialize and have lots of fun. All the basics will be covered: salsa rhythm, footwork, leading, following, patterns, shine steps, and pattern combinations. Come as a couple or alone, we will change partners at times.

*No Class 10/10**Instructor: Camp Carter*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.708	M	9/26-11/21	6:30-7:20pm	16+	8	HV

Tennis - Beg/Intermediate \$60

Introduction to basic strokes, including forehand, backhand, overhead serve racquet size purchase guidelines, court etiquette and score keeping. Doubles and singles strategies are taught. Wear court sneakers. Students provide their own racquet and one unopened can of tennis balls. **Location:** River Glen Park.

Instructor: Westergren

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.720	W	9/28-11/16	10-11am	18+	8	RG
296.2.721	Th	9/29-11/17	10-11am	18+	8	RG

Yoga \$85

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders and hips thru breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

*No Class 11/24**Instructor: Jindia*

Course#	Day	Date	Time	Age	Mtg.	Loc.
296.2.703	Th	9/29-12/15	6:30-7:30pm	16+	11	HV

**WILLOW GLEN
CHILDREN'S THEATRE****Theatre Connection**

Theatre Connection is your window to the Willow Glen Children's Theatre. Join the Theatre Connection and you will be cast in our Fall production!

WHO: Girls and Boys 7 years of age and older**WHEN:** Saturdays, 10am-12pm (May include weekday rehearsals) Begins October 8 and ends in early December**WHERE:** Willows Senior Center – 2175 Lincoln Avenue**COST:** \$60 per person (\$27 more for non-resident)

Fee includes workshop, participation in a play and the theatre t-shirt.

Registration will be taken on the first day of the workshop, October 8th. For more information, please call the Hoover Community Center at 408-292-5871.